



CAMPFIRE S'MORES BOWL

278 Calories

Ingredient List

- 3/4 cup non-fat Greek yogurt
- 1 tbsp vanilla protein powder
- 3-4 marshmallows
- 30 sugar-free chocolate chips
- 1 graham cracker square
- 2 tbsp zero-calorie confectioners sugar
- 2 tbsp water

Cooking Instructions

1. Preheat the oven broiler and add the marshmallows to the oven. Broil for about 45-60 seconds until the marshmallows develop a light char.
2. Remove from the oven and add to a microwave-safe bowl along with the water. Microwave for 45 seconds and stir.

3. Add the Greek yogurt to the same bowl and mix with the marshmallows and zero-calorie confectioner sugar until smooth.
4. Add the chocolate chips to another microwave-safe bowl and microwave for about 30 seconds or until melted.
5. Top the yogurt with the melted chocolate chips.
6. Break up the graham cracker square into pieces and sprinkle over the yogurt. Enjoy!

